

# Statistics for People Who(Think They) Hate Statistics

Neil J. Salkind



## Praise for Statistics for People Who (Think They) Hate Statistics

*"Statistics for People Who (Think They) Hate Statistics* really makes students learn and enjoy statistics and research in general. Students especially like the Ten Commandments and Internet sites."

—Professor Valarie Janesick

Professor of Educational Leadership

University of South Florida

"I just wanted to say that as a SUNY Delhi online RN-to-BSN student one day into Statistics 101—your book has saved my career! I put off my BSN due to statistics, even enrolling and then backing out a couple of times. I have read the first two chapters and already "get it." I know it will get harder, but I am so thankful for your easy-to-understand method. I told my husband last night I actually might like statistics and enjoy it. I was also thankful for the basic math review. No one ever broke it down like that for me, to the point where I was in remedial math in high school and still never got it. I no longer fear math or statistics."

-Meghan Wheeler, RN

"I truly appreciate your accessibility and help. I am learning to use SPSS in preparation for a doctoral program that will began in the fall and it has been twenty years since I have taken a statistics course. I am thankful for this straightforward book to help me catch up with current trends."

-Sylvia Miller-Martin

"I have loved statistics ever since my second undergraduate course. Your book *Statistics for People Who (Think They) Hate Statistics* has cleared up confusion and partial understandings that I have had for years. It is a must for anyone beginning or continuing their journey in this science. I love it, and will use it for all of the foreseeable future."

-Ronald A. Straube

Mission Texas Regional Medical Center

"Dr. Salkind, I just felt compelled to send you a note thanking you for such a great book —*Statistics for People Who (Think They) Hate Statistics.* 

"I bought a house two years ago. The people who lived there previously left the book behind. I didn't throw it out because I am a book nut.

"Anyway, I have started work on a graduate degree in psychology and decided to pull your book out. This book has been a godsend. It is absolutely the best statistics book I have ever encountered when it comes to explaining things in understandable terms.

"It was well worth the 100K for the house, LOL!"

Bless you!!

Brian Wright

"The project team of Denise, Renee, Shawn, and Trish stated for their research hypothesis that brownies made with regular flour would be preferred to those made with gluten-free flour. The brownie recipe chosen was "The Reward" in <u>Appendix F</u>. Denise made the gluten-free brownies, Renee made the regular brownies, and our sample was our fellow students at Tusculum College. We used an ordinal survey process for rating the brownies on a scale from 1 to 5, with 1 being the worst and 5 being the best brownies you ever had. The gluten-free brownies won, disproving the research hypothesis. The mean and mode were the chosen method of comparison. The gluten-free brownies had a mean/mode of 4, and the regular brownies had a 3. The range for the gluten-free brownies was wider than the range for the regular-flour brownies. All who participated in the survey LOVED the brownies.

"This came about because I asked our instructor if we were going to use the information in <u>Appendix F</u>. Neither my instructor nor my classmates had checked out this particular appendix. The instructor told me I could make the brownies and bring them to class. That is when I told my instructor that I had celiac disease and only had gluten-free flour in my home. Usually gluten-free items are not preferred because of their texture. The instructor had always wanted to try something that was gluten-free, and that was how our in-class experiment was born."

—Denise Proske

Tesculum College

"I just wanted to take a moment of your time to inform you that I have selected your book, *Statistics for People Who (Think They) Hate Statistics*, to use in my course. I truly agree with the direction you have taken with your book and I know that our students will

appreciate it just the same."

—Karl R. Krawitz, EdD

Baker University, Overland Park, KS

"I am a 'nontraditional' (that's how the nice folks at the University of Dayton refer to 'older') grad student enjoying your *Statistics for People Who (Think They) Hate Statistics*. Although I publicize research in my job, being involved in research and statistics myself is an entirely new challenge. So please count me as one of the countless who appreciate your approach to statistics with a sense of humor—it definitely helps alleviate the intimidation factor of the subject.

"Thanks again for taking on this (and other topics) in such a 'human' way :-)."

Best regards,

Pamela Gregg

Communication Administrator University of Dayton Research Institute

"I just thought I would send a little positive reinforcement your way! As an undergraduate psychology student, I was urged by a friend to purchase your book but not, as you may think, for a stats class. I had taken the required stats class two years prior and had learned NOTHING! As I embarked on my senior honors thesis, I began to feel slightly—maybe more like extremely—overwhelmed by all of the data analysis I was about to undertake. That was when a friend of mine suggested I buy your book. My first reaction? 'I'm not buying another statistics book just for the fun of it!' Well after much prodding, I eventually bought it (the second edition at the time). Now as I take on statistics (multivariate, yikes!) yet again, only this time as a third-year graduate student, I find myself keeping your book alongside as an anxiety-reducing companion!

"Thanks for making statistics bearable for all these years!"

—Ashley Shier, MEd

University of Cincinnati

School of Psychology Doctoral Student

"Hello Dr. Salkind! Just wanted to thank you for putting together a great resource in your *Statistics for People* . . . . I use it to teach my grad course in Quantitative Research Methods in anthropology here at Northern Arizona University. We fondly refer to your book

as 'Haters.'

"Thanks again."

Britton L. Shepardson, PhD

Lecturer & Assistant Chair

Department of Anthropology

Northern Arizona University

"Salkind's examples assist with the application of key concepts and tests. The book is easy to read due to the way information is presented, such as the Tech Talk, Things to Remember, the Key to Difficulty Index, the various 10 lists, the icons, and the illustrations —including the cartoons. Even the title brings laughter to students—and humor can be a great antidote to stress!"

-Mary Beth Zeni

Florida State School of Nursing

"Hi, Mr. Salkind,

"I am a full-time registered nurse of 19 years and have recently begun my journey of obtaining my Bachelor of Science in Nursing. Tomorrow is my first statistics class. I have just read your 'note to students' and wanted to write to you and inform you that you have described my symptoms to a T. My classmates and I are extremely anxious about our course and what we are in for over the next 3 months. After reading these two pages, I wanted to tell you that you have alleviated some of my anxiety and allowed me to stop fretting over the unknown and begin to read on. Thank you for that. I am working a night shift tonight; hopefully I will find time to read my required chapters with less anxiety and actually absorb some of the material I am reading. Thank you again; I will try and look forward to learning from your book, my excellent instructor, and my classmates."

Sincerely,

Lori Vajda, RN

"Vast quantities of statistical information consumed."

-Beldar from Remulak

"Dear Prof Salkind,

"I just want to thank you for the amazing book, *Statistics for People Who (Think They) Hate Statistics*. I definitely used to be one among them who hated statistics and used to ignore it so far. Now, as I am almost in the finishing stages of my PhD, I was thinking it would be a shame if I don't have a minimum knowledge of statistics. The book has not just helped my understanding in the subject, but it inspires me to do further reading in statistics. I have even recommended the book to a few within 2 days! Thank you so much for such a wonderful work!"

—A. J. Padman

"I just wanted to send a little 'thank you' your way for writing an extremely user-friendly book, *Statistics for People (Who Think) They Hate Statistics*. I'm a psychology major doing an independent study over break (at Alverno, a statistics course is a prerequisite for a class I'm taking this spring, experimental psychology). In other words, I'm pretty much learning this on my own (with a little guidance from my mentor), so I appreciate having a book that presents the material in a simple, sometimes humorous manner. I only suggest writing another textbook at a higher level of statistics so I can read that one too!"

Sincerely,

Jenny Saucerman

"I liked its humorous approach, which indeed helps to reduce statistical anxiety. The design of the book is inviting and relaxing, which is a plus. The writing style is great, and the presentation is appropriate for my students. A fun and well-written book, it is easy to read and use and presents statistics in a user-friendly way. . . . I would recommend it for sure."

—Minjuan Wang

San Diego State University

"Let me thank you for a wonderful textbook. Of all the texts I have used over the years, I would have to rate yours #1 for presenting material that can be followed and understood."

-Carolyn Letsche

MA Student in School Counseling

"Salkind's book is in a class by itself. It is easily the best book of its kind that I have come across. I enthusiastically recommend it for anyone interested in the subject and even (and

especially) for those who aren't!"

-Russ Shafer-Landau

University of Wisconsin

*"Statistics for People Who (Think They) Hate Statistics* is definitely the right book for people who have to overcome that familiar anxious feeling when opening a standard statistics book and who having finally managed to do so are still not able to make much sense of it all. The book by Salkind is easy and pleasant to read and one that hardly needs any pre-knowledge of the field to be able to follow the author's train of thoughts. Salkind has managed to bring statistics home to people who hate statistics or thought they did."

From a review in Statistical Methods in Medical Research

(Arnold Publications)

-Dr. Andrea Winkler

Maudsley and Bethlem Hospital

London, UK

**SAGE** was founded in 1965 by Sara Miller McCune to support the dissemination of usable knowledge by publishing innovative and high-quality research and teaching content. Today, we publish over 900 journals, including those of more than 400 learned societies, more than 800 new books per year, and a growing range of library products including archives, data, case studies, reports, and video. SAGE remains majority-owned by our founder, and after Sara's lifetime will become owned by a charitable trust that secures our continued independence.

Los Angeles | London | New Delhi | Singapore | Washington DC | Melbourne

#### **Statistics for People Who (Think They) Hate Statistics**

6 Edition

In honor and memory of Shane J. Lopez and welcome to Bella.

# **Statistics for People Who (***Think They***) Hate Statistics**

6 Edition

#### **Neil J. Salkind** *University of Kansas*



Los Angeles | London | New Delhi Singapore | Washington DC | Melbourne

)SAGE

FOR INFORMATION:

SAGE Publications, Inc.

2455 Teller Road

Thousand Oaks, California 91320

E-mail: order@sagepub.com

SAGE Publications Ltd.

1 Oliver's Yard

55 City Road

London, EC1Y1SP

United Kingdom

SAGE Publications India Pvt. Ltd.

B 1/I 1 Mohan Cooperative Industrial Area

Mathura Road, New Delhi 110 044

India

SAGE Publications Asia-Pacific Pte. Ltd.

3 Church Street

#10-04 Samsung Hub

Singapore 049483

Copyright © 2017 by SAGE Publications, Inc.

All rights reserved. No part of this book may be reproduced or utilized in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system, without permission in writing from the publisher.

This book includes screenshots of Microsoft Excel 2010 to illustrate the methods and procedures described in the book. Microsoft Excel is a product of the Microsoft Corporation.

SPSS is a registered trademark of International Business Machines Corporation.

Portions of information contained in this publication/book are printed with permission of Minitab Inc. All such material remains the exclusive property and copyright of Minitab Inc. All rights reserved.

Printed in the United States of America

Library of Congress Cataloging-in-Publication Data

Salkind, Neil J.

Statistics for people who (think they) hate statistics / Neil J. Salkind. — Sixth edition.

pages cm

Includes bibliographical references and index.

ISBN 978-1-5063-3383-0

ISBN 978-1-5063-3382-3 web pdf

This book is printed on acid-free paper.  $16\,17\,18\,19\,20\,10\,9\,8\,7\,6\,5\,4\,3\,2\,1$ 

Acquisitions Editor: Helen Salmon

Editorial Assistant: Chelsea Pearson

eLearning Editor: Katie Ancheta

Production Editor: Libby Larson

Copy Editor: Paula L. Fleming

Typesetter: C&M Digitals (P) Ltd.

Proofreader: Scott Oney

Indexer: Will Ragsdale

Cover Designer: Candice Harman

Marketing Manager: Susannah Goldes

#### **Brief Contents**

A Note to the Student: Why I Wrote This Book Acknowledgments And Now, About the Sixth Edition About the Author PART I Yippee! I'm in Statistics 1. Statistics or Sadistics? It's Up to You **PART II Sigma Freud and Descriptive Statistics** 2. Means to an End: Computing and Understanding Averages 3. Vive la Différence: Understanding Variability 4. A Picture Really Is Worth a Thousand Words 5. Ice Cream and Crime: Computing Correlation Coefficients 6. Just the Truth: An Introduction to Understanding Reliability and Validity **PART III Taking Chances for Fun and Profit** 7. Hypotheticals and You: Testing Your Questions 8. Are Your Curves Normal? Probability and Why It Counts **PART IV Significantly Different: Using Inferential Statistics** 9. Significantly Significant: What It Means for You and Me 10. Only the Lonely: The One-Sample Z-Test 11. t(ea) for Two: Tests Between the Means of Different Groups 12. t(ea) for Two (Again): Tests Between the Means of Related Groups 13. Two Groups Too Many? Try Analysis of Variance 14. Two Too Many Factors: Factorial Analysis of Variance-A Brief Introduction 15. Cousins or Just Good Friends? Testing Relationships Using the Correlation Coefficient 16. Predicting Who'll Win the Super Bowl: Using Linear Regression PART V More Statistics! More Tools! More Fun! 17. What to Do When You're Not Normal: Chi-Square and Some Other Nonparametric Tests 18. Some Other (Important) Statistical Procedures You Should Know About 19. Data Mining: An Introduction to Getting the Most Out of Your BIG Data 20. A Statistical Software Sampler PART VI Ten Things (Times Two) You'll Want to Know and Remember 21. The 10 (or More) Best (and Most Fun) Internet Sites for Statistics Stuff 22. The Ten Commandments of Data Collection Appendix A: SPSS in Less Than 30 Minutes Appendix B: Tables

Appendix C: Data Sets Appendix D: Answers to Practice Questions Appendix E: Math: Just the Basics Appendix F: The Reward: The Brownie Recipe Glossary Index

#### **Detailed Contents**

A Note to the Student: Why I Wrote This Book Acknowledgments And Now, About the Sixth Edition About the Author PART I Yippee! I'm in Statistics 1. Statistics or Sadistics? It's Up to You What You Will Learn in This Chapter Why Statistics? And Why SPSS? A 5-Minute History of Statistics Statistics: What It Is (and Isn't) What Are Descriptive Statistics? What Are Inferential Statistics? In Other Words . . . What Am I Doing in a Statistics Class? Ten Ways to Use This Book (and Learn Statistics at the Same Time!) About Those Icons Key to Difficulty Icons Glossary **Real-World Stats** Summary Time to Practice **PART II Sigma Freud and Descriptive Statistics** 2. Means to an End: Computing and Understanding Averages What You Will Learn in This Chapter Computing the Mean Computing a Weighted Mean Computing the Median Computing the Mode Apple Pie à la Bimodal When to Use What Measure of Central Tendency (and All You Need to Know About Scales of Measurement for Now) A Rose by Any Other Name: The Nominal Level of Measurement Any Order Is Fine With Me: The Ordinal Level of Measurement 1 + 1 = 2: The Interval Level of Measurement Can Anyone Have Nothing of Anything? The Ratio Level of Measurement

In Sum . . . Using the Computer to Compute Descriptive Statistics The SPSS Output **Real-World Stats** Summary Time to Practice 3. Vive la Différence: Understanding Variability What You Will Learn in This Chapter Why Understanding Variability Is Important Computing the Range Computing the Standard Deviation Why n - 1? What's Wrong With Just n? What's the Big Deal? Computing the Variance The Standard Deviation Versus the Variance Using the Computer to Compute Measures of Variability The SPSS Output More SPSS Output **Real-World Stats** Summary Time to Practice 4. A Picture Really Is Worth a Thousand Words What You Will Learn in This Chapter Why Illustrate Data? Ten Ways to a Great Figure (Eat Less and Exercise More?) First Things First: Creating a Frequency Distribution The Classiest of Intervals The Plot Thickens: Creating a Histogram The Tallyho Method The Next Step: A Frequency Polygon **Cumulating Frequencies** Other Cool Ways to Chart Data **Bar Charts Column Charts** Line Charts **Pie Charts** Using the Computer (SPSS, That Is) to Illustrate Data Creating a Histogram Creating a Bar Graph Creating a Line Graph Creating a Pie Chart

**Real-World Stats** Summary Time to Practice 5. Ice Cream and Crime: Computing Correlation Coefficients What You Will Learn in This Chapter What Are Correlations All About? Types of Correlation Coefficients: Flavor 1 and Flavor 2 Computing a Simple Correlation Coefficient A Visual Picture of a Correlation: The Scatterplot Bunches of Correlations: The Correlation Matrix Understanding What the Correlation Coefficient Means Using-Your-Thumb (or Eyeball) Method A Determined Effort: Squaring the Correlation Coefficient As More Ice Cream Is Eaten . . . the Crime Rate Goes Up (or Association vs. Causality) Using SPSS to Compute a Correlation Coefficient Creating a Scatterplot (or Scattergram or Whatever) Other Cool Correlations Parting Ways: A Bit About Partial Correlation Using SPSS to Compute Partial Correlations **Real-World Stats** Summary Time to Practice 6. Just the Truth: An Introduction to Understanding Reliability and Validity What You Will Learn in This Chapter An Introduction to Reliability and Validity What's Up With This Measurement Stuff? Reliability: Doing It Again Until You Get It Right Test Scores: Truth or Dare? Observed Score = True Score + Error Score Different Types of Reliability Test-Retest Reliability Parallel Forms Reliability Internal Consistency Reliability Interrater Reliability How Big Is Big? Finally: Interpreting Reliability Coefficients And If You Can't Establish Reliability . . . Then What? Just One More Thing Validity: Whoa! What Is the Truth? Different Types of Validity **Content Validity** 

**Criterion Validity Construct Validity** And If You Can't Establish Validity . . . Then What? A Last Friendly Word Validity and Reliability: Really Close Cousins **Real-World Stats** Summary Time to Practice **PART III Taking Chances for Fun and Profit** 7. Hypotheticals and You: Testing Your Questions What You Will Learn in This Chapter So You Want to Be a Scientist . . . Samples and Populations The Null Hypothesis The Purposes of the Null Hypothesis The Research Hypothesis The Nondirectional Research Hypothesis The Directional Research Hypothesis Some Differences Between the Null Hypothesis and the Research **Hypothesis** What Makes a Good Hypothesis? **Real-World Stats** Summarv Time to Practice 8. Are Your Curves Normal? Probability and Why It Counts What You Will Learn in This Chapter Why Probability? The Normal Curve (a.k.a. the Bell-Shaped Curve) Hey, That's Not Normal! More Normal Curve 101 Our Favorite Standard Score: The z Score What z Scores Represent What z Scores Really Represent Hypothesis Testing and z Scores: The First Step Using SPSS to Compute z Scores Fat and Skinny Frequency Distributions Average Value Variability Skewness **Kurtosis Real-World Stats** 

Summary Time to Practice **PART IV Significantly Different: Using Inferential Statistics** 9. Significantly Significant: What It Means for You and Me What You Will Learn in This Chapter The Concept of Significance If Only We Were Perfect The World's Most Important Table (for This Semester Only) More About Table 9.1 Back to Type I Errors Significance Versus Meaningfulness An Introduction to Inferential Statistics How Inference Works How to Select What Test to Use Here's How to Use the Chart An Introduction to Tests of Significance How a Test of Significance Works: The Plan Here's the Picture That's Worth a Thousand Words Be Even More Confident **Real-World Stats** Summary Time to Practice 10. Only the Lonely: The One-Sample Z-Test What You Will Learn in This Chapter Introduction to the One-Sample Z-Test The Path to Wisdom and Knowledge Computing the Z-Test Statistic So How Do I Interpret z = 2.38, p < .05? Using SPSS to Perform a Z-Test Special Effects: Are Those Differences for Real? Understanding Effect Size **Real-World Stats** Summary Time to Practice 11. t(ea) for Two: Tests Between the Means of Different Groups What You Will Learn in This Chapter Introduction to the t-Test for Independent Samples The Path to Wisdom and Knowledge Computing the t-Test Statistic Time for an Example <u>So How Do I Interpret  $t_{(58)} = -0.14$ , p > .05?</u>

The Effect Size and t(ea) for Two Computing and Understanding the Effect Size Two Very Cool Effect Size Calculators Using SPSS to Perform a t-Test **Real-World Stats** Summary Time to Practice 12. t(ea) for Two (Again): Tests Between the Means of Related Groups What You Will Learn in This Chapter Introduction to the t-Test for Dependent Samples The Path to Wisdom and Knowledge Computing the t-Test Statistic <u>So How Do I Interpret  $t_{(24)} = 2.45, p < .05?</u></u>$ Using SPSS to Perform a t-Test The Effect Size for t(ea) for Two (Again) **Real-World Stats** Summary Time to Practice 13. Two Groups Too Many? Try Analysis of Variance What You Will Learn in This Chapter Introduction to Analysis of Variance The Path to Wisdom and Knowledge Different Flavors of ANOVA Computing the F-Test Statistic <u>So How Do I Interpret  $F_{(2 27)} = 8.80, p < .05?</u></u>$ Using SPSS to Compute the F Ratio The Effect Size for One-Way ANOVA **Real-World Stats** Summary Time to Practice 14. Two Too Many Factors: Factorial Analysis of Variance-A Brief Introduction What You Will Learn in This Chapter Introduction to Factorial Analysis of Variance The Path to Wisdom and Knowledge A New Flavor of ANOVA The Main Event: Main Effects in Factorial ANOVA **Even More Interesting: Interaction Effects** Using SPSS to Compute the F Ratio Computing the Effect Size for Factorial ANOVA **Real-World Stats** 

Summary Time to Practice 15. Cousins or Just Good Friends? Testing Relationships Using the Correlation Coefficient What You Will Learn in This Chapter Introduction to Testing the Correlation Coefficient The Path to Wisdom and Knowledge Computing the Test Statistic <u>So How Do I Interpret  $r_{(28)} = .437, p < .05?</u></u>$ Causes and Associations (Again!) Significance Versus Meaningfulness (Again, Again!) Using SPSS to Compute a Correlation Coefficient (Again) **Real-World Stats** Summarv Time to Practice 16. Predicting Who'll Win the Super Bowl: Using Linear Regression What You Will Learn in This Chapter Introduction to Linear Regression What Is Prediction All About? The Logic of Prediction Drawing the World's Best Line (for Your Data) How Good Is Your Prediction? Using SPSS to Compute the Regression Line The More Predictors the Better? Maybe The Big Rule(s) When It Comes to Using Multiple Predictor Variables **Real-World Stats** Summarv Time to Practice PART V More Statistics! More Tools! More Fun! 17. What to Do When You're Not Normal: Chi-Square and Some Other Nonparametric Tests What You Will Learn in This Chapter Introduction to Nonparametric Statistics Introduction to the Goodness of Fit (One-Sample) Chi-Square Computing the Goodness of Fit Chi-Square Test Statistic <u>So How Do I Interpret  $\chi^2_{(2)} = 20.6, p < .05?</u></u>$ Introduction to the Test of Independence Chi-Square Computing the Test of Independence Chi-Square Test Statistic Using SPSS to Perform Chi-Square Tests Goodness of Fit and SPSS Test of Independence and SPSS

Other Nonparametric Tests You Should Know About **Real-World Stats** Summary Time to Practice 18. Some Other (Important) Statistical Procedures You Should Know About What You Will Learn in This Chapter Multivariate Analysis of Variance Repeated Measures Analysis of Variance Analysis of Covariance Multiple Regression Meta-analysis **Discriminant Analysis Factor Analysis** Path Analysis Structural Equation Modeling Summarv 19. Data Mining: An Introduction to Getting the Most Out of Your BIG Data What You Will Learn in This Chapter Our Sample Data Set—Who Doesn't Love Babies? **Counting Outcomes Counting With Frequencies** Pivot Tables and Cross-Tabulation: Finding Hidden Patterns Creating a Pivot Table Modifying a Pivot Table Summary Time to Practice 20. A Statistical Software Sampler What You Will Learn in This Chapter Selecting the Perfect Statistics Software What's Out There First, the Free Stuff Time to Pav Summary PART VI Ten Things (Times Two) You'll Want to Know and Remember 21. The Ten (or More) Best (and Most Fun) Internet Sites for Statistics Stuff What You Will Learn in This Chapter How About Studying Statistics in Stockholm? Who's Who and What's Happened? It's All Here **HyperStat** Data? You Want Data?

More and More Resources Online Statistical Teaching Materials And, of Course, YouTube . . . And, Finally . . .

22. The Ten Commandments of Data Collection

Appendix A: SPSS Statistics in Less Than 30 Minutes

Appendix B: Tables

Appendix C: Data Sets

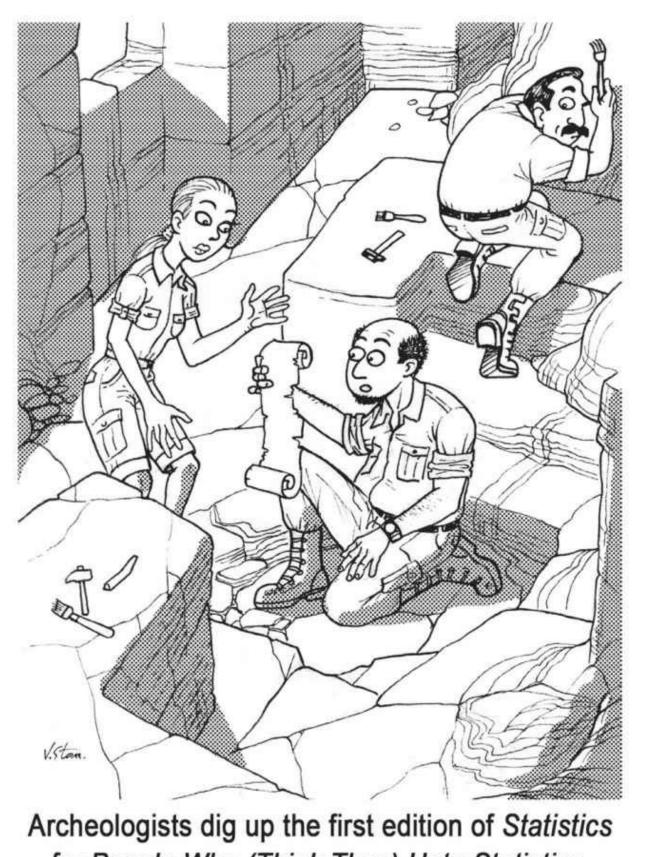
Appendix D: Answers to Practice Questions

Appendix E: Math: Just the Basics

Appendix F: The Reward: The Brownie Recipe

<u>Glossary</u>

<u>Index</u>



for People Who (Think They) Hate Statistics.

# A Note to the Student: Why I Wrote This Book

With another new edition (now the sixth), I welcome you to what I hope will be, in all ways, a good learning experience. I am overwhelmed by the opportunity to continue to revise this book and the pleasure it brings me and, I hope, brings you.

What many students of introductory statistics (be they new to the subject or just reviewing the material) have in common (at least at the beginning of their studies) is a relatively high level of anxiety, the origin of which is, more often than not, what they've heard from their fellow students. Often, a small part of what they have heard is true—learning statistics takes an investment of time and effort (and there's the occasional monster for a teacher).

But most of what they've heard (and where most of the anxiety comes from)—that statistics is unbearably difficult and confusing—is just not true. Thousands of fear-struck students have succeeded where they thought they would fail. They did it by taking one thing at a time, pacing themselves, seeing illustrations of basic principles as they are applied to real-life settings, and even having some fun along the way. That's what I tried to do in writing the first five editions of *Statistics for People Who (Think They) Hate Statistics*, and I tried even harder in completing this revision.

After a great deal of trial and error, and some successful and many unsuccessful attempts, and a ton of feedback from students and teachers at all levels of education, I have attempted to teach statistics in a way that I (and many of my students) think is unintimidating and informative. I have tried my absolute best to incorporate all of that experience into this book.

What you will learn from this book is the information you need to understand what the field and study of basic statistics is all about. You'll learn about the fundamental ideas and the most commonly used techniques to organize and make sense out of data. There's very little theory (but some), and there are few mathematical proofs or discussions of the rationale for certain mathematical routines.

Why isn't this theory stuff and more in *Statistics for People Who (Think They) Hate Statistics?* Simple. Right now, you don't need it. It's not that I don't think it's important. Rather, at this point and time in your studies, I want to offer you material at a level I think you can understand and learn with some reasonable amount of effort, while at the same time not be scared off from taking additional courses in the future. I (and your professor) want you to succeed.

So, if you are looking for a detailed unraveling of the derivation of the analysis of variance

*F* ratio, go find another good book from SAGE (I'll be glad to refer you to one). But if you want to learn why and how statistics can work for you, you're in the right place. This book will help you understand the material you read in journal articles, explain what the results of many statistical analyses mean, and teach you how to perform basic statistical tasks.

And, if you want to talk about any aspect of teaching or learning statistics, feel free to contact me. You can do this through my email address at school (njs@ku.edu). Good luck, and let me know how I can improve this book to even better meet the needs of the beginning statistics student. And, if you want the data files that will help you succeed, either go to the Sage website at edge.sagepub.com/salkind6e, or contact me via email and let me know the edition you are using.

#### And a (Little) Note to the Instructor

I would like to share two things.

First, I applaud your efforts at teaching basic statistics. Although this topic may be easier for some students, most find the material very challenging. Your patience and hard work are appreciated by all, and if there is anything I can do to help, please send me a note.

Second, *Statistics for People Who (Think They) Hate Statistics* is not meant to be a dumbed-down book similar to others you may have seen. Nor is the title meant to convey anything other than the fact that many students new to the subject are very anxious about what's to come. This is not an academic or textbook version of a "book for dummies" or anything of the kind. I have made every effort to address students with the respect they deserve, not to patronize them, and to ensure that the material is approachable. How well I did in these regards is up to you, but I want to convey my very clear intent that this book contain the information needed in an introductory course, and even though my approach involves some humor, nothing about my intent is anything other than serious. Thank you.

## Acknowledgments

Everybody at SAGE deserves a great deal of thanks for providing me with the support, guidance, and professionalism that takes a mere idea (way back before the first edition) and makes it into a book like the one you are now reading—and then makes it successful. From Johnny Garcia, who heads up the distribution center, to Vanessa Vondressa, who handles financials—this book would not be possible without their hard work.

However, some people have to be thanked individually for their special care and hard work. Helen Salmon, Senior Acquisitions Editor—Research Methods and Statistics, has shepherded this edition, being always available to discuss new ideas and seeing to it that everything got done on time and done well. She is the editor whom every author wants. C. Deborah Laughton, Lisa Cuevas Shaw, and Vicki Knight—all previous editors—helped this book along the way, and to them, I am forever grateful. Others who deserve a special note are Katie Ancheta, associate editor; Chelsea Pearson, editorial assistant; and Libby Larson, production editor supreme. Special, special thanks goes to Paula Fleming for her sharp eye and sound copyediting, which make this material read as well as it does. Libby and Paula are the best in the galactic empire. And special thanks to Dr. Patrick Ament, University of Central Missouri, who, along with his very capable students, took the time to send me detailed feedback about typos, suggestions for changes, and more, making this edition much more accurate and complete than the previous one. Thanks to Patrick and his students.

SAGE would like to thank the following peer reviewers for their editorial insight and guidance:

Charles E. Baukal Jr., Oklahoma State University Michael E. Cox, Online Instructor, multiple universities Jonathan Allen Kringen, University of New Haven Tim W. Ficklin, Chaminade University of Honolulu Qingwen Dong, University of the Pacific Charles J. Fountaine, University of Minnesota–Duluth De'Arno De'Armond, West Texas A&M University Laura Anderson, School of Nursing, University of Buffalo Jordan K. Aquino, California State University–Fullerton

# And Now, About the Sixth Edition . . .

What you read above about this book reflects my thoughts about why I wrote this book in the first place. But it tells you little about this sixth edition.

Any book is always a work in progress, and this latest edition of *Statistics for People Who (Think They) Hate Statistics* is no exception. Over the past 17 years or so, many people have told me how helpful this book is, and others have told me how they would like it to change and why. In revising this book, I am trying to meet the needs of all audiences. Some things remain the same, and some have indeed changed.

There are always new things worth consideration and different ways to present old themes and ideas. Here's a list of what you'll find that's new in the sixth edition of *Statistics for People Who (Think They) Hate Statistics*.

- Information on levels of measurement has been moved to <u>Chapter 2</u> from <u>Chapter 6</u> because it seemed to fit better and many students and faculty thought moving it would be a good idea.
- "Understanding the SPSS Output" is a new section that I've added to <u>Chapters 10</u> through <u>17</u> that I hope provides useful information about IBM® SPSS® Statistics<sup>\*</sup> output and what it means.
- When appropriate, a section on effect size has been added to the coverage of each inferential statistic (starting in <u>Chapter 10</u>). That seems to be an increasingly important topic even at the introductory level.
- A discussion of partial correlation has been included in <u>Chapter 5</u>.
- A new chapter (<u>Chapter 19</u>) has been added as an introduction to data mining using SPSS. It is a mini treatment of this vast topic but at least lets introductory students know that the topic exists and is important to consider in their studies.
- Finally, there are about 20% more additional exercises at the end of each chapter.

This sixth edition features SPSS 23, the latest version that SPSS offers. For the most part, you can use a version of SPSS that is as early as version 11 to do most of the work, and these earlier versions can read the data files created with the later versions. If the reader needs help with SPSS, we offer a mini course in <u>Appendix A</u>, which is also available online.

• Maybe the most interesting (and perhaps coolest) thing about this edition is that it is available as an **interactive ebook**. The interactive ebook version includes a variety of teaching and substantive features, such as links to everything from animated chapter